

# 0-19 Public Health Integrated Nursing Service

Following guidance from Public Health England due to Covid 19, we have made changes to our service.

Please can any child, young person, parent or carer who would like support from the 0-19 Public Health Integrated Nursing Service contact us via the

**Single Point of Access (SPA) on 0113 843 5683**



For further information about our services, visit our website: [www.leedscommunityhealthcare.nhs.uk](http://www.leedscommunityhealthcare.nhs.uk) or find us on Facebook:  0-19 Public Health Integrated Nursing Service

**✘ Due to current restrictions we are **unable to provide** the following in a face to face manner:**

- HENRY courses (available via Zoom only)
- Well Baby Clinic
- Preparation for Birth and Beyond courses are available via Zoom only (you are able to access the course contact through our website or ask for our booklet to be sent via post)



Thank you for your support at this time



 **We will continue to provide the following face to face or by video call\*** (where appropriate):

**Virtual Well Baby Clinic**  
**Virtual Breast Feeding Support**

Both are pre-bookable and are via a video calling platform.



**Antenatal contacts**

Face to face or via or video call. If vulnerable, or additional support is required, this will be in person.



**Birth visits**

All babies will receive a face to face visit in the family home between 10-14 days after birth.



**6-8 week contact**

All babies will received a face to face visit in the family home between 6-8 weeks.

**8-12 month development review**

By video call. If vulnerable, or additional support is required, this will be in person.



**27 month development review**

Face to face in the family home, or where required, a suitable location.

**Support for children, young people and their families if they are vulnerable or may require support with additional needs**

By telephone, video call or in person where required.



**Telephone extended hours service (5-8pm)**

Parents/carers of children under 5 years old can call the Single Point of Access (SPA) number between 8.30am-5pm to request a same day pre-bookable appointment between the hours of 5-8pm with a 0-19 Practitioner.



**0113 843 5683**

**Further support continues to be available for children, young people, parents and carers**

For example with breastfeeding, bed wetting, child development, emotional difficulties, oral health, bereavement and bullying. This can also be accessed within our pre-bookable telephone extended hours service.



**ChatHealth service (11-19 year olds)**

Text messaging service.

 **ChatHealth**  
**07520 619 750**

**Emotional support for young people**

By telephone or video call.



\*By suitable video calling platform