

Creating verbal routines

Verbal routines can support language development, because you say them the same way, every time, lots of times!

Children need lots of repetition to understand and use new words.

Common examples of verbal routines you might be using already:

Ready steady go!
1, 2, 3 wheeeee!!!
Saying hiya or bye bye
Singing action rhymes

Top tips:

Using the same words, the same way, every time you do a specific activity helps these words become familiar, and fun, to join in with.

Try starting a routine and pausing to allow your child time to complete it.

As language develops, add new words to your routines.

Verbal routines are a great way to support language development alongside daily activities

Morning routines:

Wakey wakey rise and shine!

It's time for breakfast!

Let's get dressed!

Trousers on, socks on

Bed time routines

Up, up, up the stairs!

Splash splash it's bath time!

It's time for bed

Night night sleep tight

Verbal routines can be used when you play and have fun together:

Bubbles..... pop!!!
Beep beep!!!! Oh no Crash!!!!
I'm coming peekaboo!!!
Tickles are coming!!!

Lots of books have repetitive language and can be used to create verbal routines too!

