

Contact us

If you would like to contact us for further information please call:

Long Term Conditions Office

0113 843 4200

Monday to Friday, 8.30am-4.30pm, excluding bank holidays

If you need help for minor accidents or unexpected health problems please call **111**
(free from landlines and mobile phones)

This is not for emergencies

They can offer help if you:

Need medical help fast but it's not a 999 emergency.

Think you need to go to A&E or need another NHS urgent care service.

Don't know who to call or you don't have a GP to call, you need health information or reassurance about what to do next.



**when it's less
urgent than 999**

Help us get it right

If you have a complaint, concern, comment or compliment, please let us know by speaking to a member of staff. We learn from your feedback and use the information you provide to improve and develop our services.

If you would like to talk to someone outside the service contact **Patient Experience Team** on **0113 220 8585**, Monday to Friday 8.30am to 4.30pm or email Ich.pet@nhs.net

We can make this information available in Braille, large print, audio or other languages on request.

www.leedscommunityhealthcare.nhs.uk



**Leeds Community
Healthcare**
NHS Trust

The Respiratory Team



Information leaflet for people with Chronic Obstructive Pulmonary Disease (COPD) and other respiratory conditions

For patients registered with GPs in the Leeds area

Who are the Community Respiratory Team?

We are a team of specialist nurses with broad nursing experience and specialised respiratory skills which also include physiotherapists and clinical support workers. We provide education and support for patients, GPs and community teams on the management of chronic obstructive pulmonary disease (COPD) and other breathing or respiratory conditions.

We offer...

- Support on discharge from hospital
- Exercise and education programmes (pulmonary rehabilitation) in the community
- Follow up for those on long term oxygen therapy
- Appointments in your own home or clinic
- Working closely with you, your GP and your hospital consultant to try and improve your symptoms and quality of life
- An E-Referral into the integrated service

Aim of the service

The Community Respiratory Team provides a specialist service targeting the management of COPD in the community. The aim of the service is to improve the quality of life of patients with COPD, enhancing self-management and providing patient choice.

What to expect on a home visit / clinic

The first time we see you we will carry out a full assessment of your lungs so we can get to know you and your symptoms better. This helps us to tailor your care and make sure it's right for you.

This may include:

- Inhaler advice
- Nebuliser advice
- Use of antibiotics and steroids
- Chest auscultation (listening to your chest)
- Oxygen levels
- Self-management
- Referral to pulmonary rehabilitation classes
- Smoking cessation
- Psychological assessment

