

# Has your patient aged 65 years or over (65+) got symptoms of a urinary tract infection (UTI?)

## Signs and symptoms of a UTI may include:

- Passing urine more frequently and/or urgently, pain passing urine, pain over the bladder, unusual or worse urinary incontinence, blood in urine
- Fever/feels hot to touch
- Confusion or more confused, feeling weak/unwell or more weak/unwell

## How should UTI be diagnosed in 65+?

By the signs and symptoms of a UTI.



## Should I perform a urine dipstick to diagnose UTI in 65+?

**DO NOT** perform a dipstick.

Many 65+ people have bacteria in their urine which is not causing an infection. The dipstick may show a false positive and antibiotics may then be prescribed when not needed.

## Who should I speak to if I think my patient may have a UTI?

- Speak to a GP, Community Matron or ring 111 **as soon as possible**
- If you are concerned your patient is very sick, ring 999

## For further information contact:

Infection Prevention and Control Team  
0113 843 4511 [infectioncontrolleeds@nhs.net](mailto:infectioncontrolleeds@nhs.net)



## References:

- Leeds Health Pathways 2019. Women with Lower Urinary Tract Infection (UTI) in Primary Care
- Leeds Health Pathways 2019. Lower Urinary Tract Infection (UTI) in men in Primary Care
- Public Health England 2019. Diagnosis of urinary tract infections quick reference tool for primary care: for consultation and local adaptation