

## **Watch It Family Weight Management Service**

The Watch It service is a community based weight management programme for children from 5 to 18 years of age and looks at getting active, eating healthily and staying happy. We are supported by children's psychologists and nutritionists. For children up to 11 years we work with parents only because research tells us that this is the most helpful way to support families

### **Purpose of processing**

Leeds community healthcare through the Watch it service offer the following:

- Weight management for overweight, very overweight children and young people.
- Lifestyle advice and support for client families.
- Assessment of individual family needs and signposting to other support.
- Promotion of health and wellbeing.
- General health information and advice.

These would require the processing of patient data. These are the reason why patient data is processed.

- Referral
- Processing safeguarding Information
- Outcome summary/Completion letter
- Quarterly reports/Annual Reports

### **Source of data**

- GP Practice
- SystemOne (LCH's system that holds patients record)
- Directly from Patient
- school nurses
- school staff
- social worker
- Paediatricians
- physio
- podiatrist
- Parent/carer
- social worker
- CAMHS

### **Categories of recipient**

- Watch it service team
- Other Agencies/Activity Partners
- Clinical Commissioning Groups (CCGs)
- Social care
- CAMHS Team

## **Categories of Personal Data**

- Name
- NHS number
- Date of birth
- Gender
- B M I

## **Legal basis of processing**

For GDPR purposes Leeds community healthcare's lawful basis for processing is Article 6(1)e '...exercise of official authority...' and Article 6(1)(b) – '...for the performance of a contract to which the data subject is party...' and also Article 6(1)(c) – where processing is necessary for compliance with a legal obligation to which the controller is subject.

For the processing of special categories (health) data the basis is Article 9(2)(h) – '...health or social care...'. Where we process special categories data for employment or safeguarding purposes the condition is Article 9(2)(b) – processing is necessary for the purposes of carrying out the obligations and exercising specific rights of the controller or of the data subject in the field of employment and social security and social protection law...