

Community Falls Service

Who are we?

We are a team of physiotherapists, occupational therapists and therapy technical instructors.

What do we do?

We will assess you in your own home if you have a history of falls or are at risk of falling. We will carry out a falls risk assessment and provide advice and therapy at home in relation to this.

From the assessment, we will identify any risk factors which may be contributing to your falls and any further rehabilitation needs in relation to this. This may include providing a home exercise programme, assessment of your walking, provision of equipment, an environmental home hazard assessment and advice on coping strategies following a fall.

How long will the team be involved in your care?

This will depend on your assessment and needs, and so may be a few days or several weeks.

Who do we work with?

We may feel it is appropriate to refer you to other services or agencies to address any care needs identified from the falls risk assessment – this may include your GP, social services or other falls-related services.

Useful numbers

Patient Experience Team

If you have a concern, comment or compliment about healthcare services in Leeds, please contact the **Patient Experience Team** who can provide confidential, non-medical advice and information about local NHS services. Call **0113 220 8585**, Monday to Friday 9.30am to 4.30pm or email lch.pet@nhs.net

Carers Leeds

0113 380 4300

Assisted Living Leeds (ALL)

0113 378 3282

We can make this information available in Braille, large print, audio or other languages on request.