

Contact us

Children's Occupational Therapy Service Integrated Children with Additional Needs (ICAN)

Leeds Community Healthcare NHS Trust
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Find out more information on our website
www.leedscommunityhealthcare.nhs.uk

Help us get it right

We welcome comments and complaints as they help us to provide a better service. We would also like to hear from you if you have had a good experience of our service.

If you have a concern please speak to your occupational therapist or the occupational therapy service lead.

If you would like to talk to someone outside the service contact the **Patient Experience Team** on **0113 220 8585**, Monday to Friday 9.30am to 4.30pm or email lch.pet@nhs.net

We can make this information available in Braille, large print, audio or other languages on request.

Children's Community Occupational Therapy Service

Child Development Centre



Information for Parents

Pre-school aged provision

What do we do?

We work with pre-school children and families to enable them to participate in everyday activities at home, nursery and in the community.

- **Play activities**
(e.g. handling toys, using switch toys, sensory play, playing with friends)
- **Nursery activities**
(e.g. scribbling, cutting out, snack-time, joining in routines)
- **Self care activities**
(e.g. getting dressed and undressed, eating and drinking, bathing and toileting)
- **24 hour postural care**
(e.g. seating for playing and eating, positioning for sleeping)

Occupational therapists will help:

- to develop your child's skills
- to encourage your child's participation in everyday activities
- to adapt the environment so your child can do activities

Who are we?

We are part of the Child Development Team. We all work

together to help you and your child achieve your goals. We work closely with other professionals (e.g. health professionals, nursery staff) to best meet your child's needs.

Who do we see?

Preschool children who:

- Are aged under 5 years
- Have been referred by a Leeds paediatrician
- Have difficulty participating in everyday activities

What will happen when we see you?

We will meet you at your team assessment. This will be at your Child Development Centre.

At your child's assessment, we will:

- Listen to your concerns about what is important to you and your child
- Look at the activities your child can do and observe your child's skills during play
- Set goals with you about what you want to achieve with your child
- Plan what will happen next to help you and your child achieve your goals

Your plan might include:

- Advice and support for you or your child's nursery
- A group with other children
- Equipment to help your child participate in everyday activities
- Working on your goals with a member of the team at home or nursery

How can you help?

- Use the plan we develop together to work on your child's goals
- Tell us if you have any concerns or questions
- Tell us if there are any changes to your child's contact details

How long will your child see an occupational therapist?

We will start working with you and your child when you have your initial team assessment. We call this opening an episode of care. Your child's episode of care will be closed when:

- You have achieved your goals or there is a plan in place for working on the goals

- You no longer want to have occupational therapy input
- You have not attended appointments or contacted the service

When your child starts full time education, we will make a plan with you to transfer occupational therapy input to our school-aged service.

A new episode of care can be opened in the future if you need more support. You can contact us directly if you have been seen by us before.

Confidentiality

- All information we receive about your child is strictly confidential.
- We will only share information with other professionals involved in your child's care (e.g. teacher or doctor).
- If you have concerns regarding this, please contact us as soon as possible.

