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| IDDSI Thickened Fluid Guidelines – information for staff | |
| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-0-THIN.jpg  [Image result for water from tap](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=&url=http://www.bu.edu/today/2008/health-matters-tap-water-is-tops/&psig=AOvVaw2ezXwosLFPA4b9cuCF3K5c&ust=1546600324958146) | * Flows like water * Fast flow * Can drink through any type of spout, cup or straw |
| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-1-SLIGHTLY-THICK.jpgH:\dysphagia\symbols\mango-juice.jpg | * Thicker than water * Flows through a straw, syringe or spout * Similar to **naturally thick fluids** such as milkshake or mango juice |
| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-2-MILDLY-THICK.jpg | * Flows **quickly** off a **spoon** * Sippable * **Can** be drunk through a **straw** with some effort * **Can** be drunk from a **cup** * **Runs easily** through a fork * Leaves a **thin coat** on the back of a spoon * Texture resembles **syrup from tinned fruit** or **evaporated milk** |
| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-3-MODERATELY-THICK-2.jpg | * **Can** be drunk from a **cup** * **Cannot** be drunk through a **straw** * **Drips** through a fork in dollops * Leaves a **thick coat** on the back of a spoon * Texture resembles standard **yoghurt** |
| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-4-EXTREMELY-THICK.jpg | * Taken with a **spoon** * Not possible to sip from a cup * **Cannot** be drunk through a **straw** * **Sits** on a fork * Holds together well * Texture resembles **mousse** or **jam** * **Falls** off a spoon in a single spoonful when tilted * Would **hold its shape** on a plate |