

## Help us get it right

If you have a complaint, concern, comment or compliment please let us know by speaking to a member of our staff. We learn from your feedback and use the information to improve and develop our services.

If you would like to talk to someone outside the service contact the **Patient Experience Team** on **0113 220 8585**, Monday to Friday 9.30am to 4.30pm or email [lch.pet@nhs.net](mailto:lch.pet@nhs.net)

**We can make this information available in Braille, large print, audio or other languages on request.**

### Contact us

**Community Neurological Discharge Team**  
c/o Community Neurological Rehabilitation Service  
St Mary's Hospital  
Green Hill Road  
Leeds LS12 3QE  
Phone: **0113 855 5082**  
Email: [neuro.dischargeteam@nhs.net](mailto:neuro.dischargeteam@nhs.net)

# Community Neurological Discharge Team



Information for patients

The Community Neurological Discharge Team (NDT) is a small team of community Occupational Therapists and a Rehabilitation Assistant. We are part of the Community Neurological Rehabilitation Service based at St Mary's Hospital.

If you have had had an acquired brain injury we are here to support your move back home. We can provide input to you if you have a Leeds GP and are over the age of 16 (and have left high school).

We will work closely with your hospital therapists to plan a safe and successful discharge, providing rehabilitation, advice and guidance in the early days as you adjust to being back home.

We aim to meet you on the ward before you go home and then we will visit you within 48 working hours of your discharge.

We will work with you and your close family/carers/relatives for up to 8 weeks once you are home, working towards goals that are meaningful to you. We will also provide education to you and your family/support network to help you come to terms with your newly acquired brain injury.

The service is available Monday to Friday between the hours of 8am and 4pm.

We have close links with other local services and will support you to access them if needed. At the end of our input we can also refer to other teams so that you can work towards your longer term goals.

## Useful links

### Welfare Rights Unit

0113 376 0452

Impartial advice on benefits claims and appeals.

### Citizens Advice Bureau

0113 223 440

### Adult Social Care

0113 222 4401

For help and advice on issues like homecare support, careers assessments, respite, equipment and more.

### Headway

0808 800 2244

The brain injury charity is set up to give help and support to people affected by brain injury.

**Your named therapist is:**

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