Attention and Listening

Sound shakers and noisy toys - take turns to make and copy sounds. You could hide a musical box or noisy toy for the child to find.

Threading beads - see whether your child can copy a pattern that you have made.

Turn-taking activities - e.g. take turns to put a brick on a tower then knock it down, roll a ball to each other, take turns to put pieces in a simple inset puzzle.

Age appropriate books - have ‘story time’ where you share a book with your child. Ask them to find objects in the book.

Nursery rhymes - Sing songs and do the actions together. Lots of books come with CDs that you could use for this.
Dolls, teddies, TV characters and play

Getting involved in your child’s play is an excellent time for developing language and play skills. Play alongside your child. Comment on what they are doing e.g. “Oh look, Peppa’s jumping”, “Look, Woody’s eating”. Model simple pretend play such as putting Buzz to bed or giving a banana to Mr Potato Head and see if they can follow simple instructions.