What are pacing boards?

Pacing boards are a strip of pictures which are used to help children to slow down their speech and split up the different parts of speech to make them easier to understand.

By giving the child something to look at and touch it helps them to see how words or sentences can be broken down into syllables or individual words and to practice talking more slowly.

Who might use a pacing board?

Pacing boards are helpful to use with children who have:
- Speech Sound Disorder
- Speech sound delay
- Childhood Apraxia of Speech
- Speech sound awareness difficulties
- Dysarthria (slurred speech)
- Fluency difficulties
- Fast rate of speech

How do we use pacing boards?

Encourage the child to tap on each picture in turn as they say the syllables or words e.g.

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Cat-  -er-  -pil-  -lar
My  rabbit  is  called  Bertie
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This will naturally slow down their rate of speech and should help separate word and syllable boundaries.