Eye Contact Activity Ideas for Older Children

- Poor eye contact can affect social interaction skills. Improving this skill will help the child to interpret the speaker's gestures, facial expressions and body language.

  - Use a visual prompt for “good looking” to cue the children in and remind them to use appropriate eye contact.

  - Use stickers and reward charts when the child shows “good looking”.

### Activities

**WHO WINKED?** The children sit in a circle. One of the children goes out of the room, the others decide who is going to wink. The child comes back into the room and watches the other children to see if they can work out who is the winker. If a child is winked at they are out and have to close their eyes.

**FACES FUN** The children sit in a circle and take turns to look at the child sat next to them. They talk about their partner’s eye colour, hair colour and eyebrows. You could introduce drawing to this activity and ask the children draw each others faces.

**COPY CAT** One child is the leader and carries out a series of actions and facial expressions. The other child has to copy them. The children take it in turns to swap roles.

**GUESS THE FEELING** Put a selection of emotion photos into the middle of a circle. The child chooses a picture and mimics the emotion to the others. Take turns to guess how the child is feeling. To make this harder the children could guess why the child is feeling happy, sad, scared etc.