Social skills/language games for groups

The baby wants to sleep

- o Player is chosen to be the baby and lies in the middle of the room with eyes covered pretending to sleep.
- o Visitors want to come and see the baby. One by one visitors tiptoe quietly up to the baby without making any noise.
- o If the baby hears a noise it cries and points in the direction of the visitor who then has to go back to the starting point.
- o The aim is for a visitor to be quiet enough to get to the baby and touch the baby before it notices and cries.
- o Take turns to be the baby.

Touching chain

- o The group is seated in a circle on the floor.
- o A person is chosen to start the touching chain and thinks of a part of the body they want to touch e.g. tip of the nose.
- o They then do this to the person next to them, who then passes it along etc.

Secret Whispers

- o One person thinks of a short message and whispers it to the person next to them.
- o It is passed along the chain until it reaches the last person.
- o The last person says the message out loud.
- o The group compare the messages.

My me-bag

- o A me-bag is a small bag that contains a person's own important things e.g. a picture of family pet, favourite toy, favourite colour.
- o Each person takes an item out of their bag and tells the group what it is.

It's me

- o One player - the catcher, stands facing the wall.
- o The others gather around him and keep very quiet.
- o Using only gestures the group agree on a speaker who says 'it's me'.
- o The catcher turns around and points to who they think was the speaker.

Sunrise

- All the players are asleep on the floor.
- Players have their eyes closed but are allowed to look occasionally.
- The sun appears in the form of a large yellow card circle that a chosen player holds behind his back.
- If the run rises in the sky it is a sign for all the sleepers to get up. They are free to get out of bed and walk around the room.
- The sun decides when it will go down again.
- When the sun goes down all the players need to be back in bed.

Box-lists

- Group leader shows the group a list of items that belong in a box.
- They have to find the items around the room and put them in to the box.