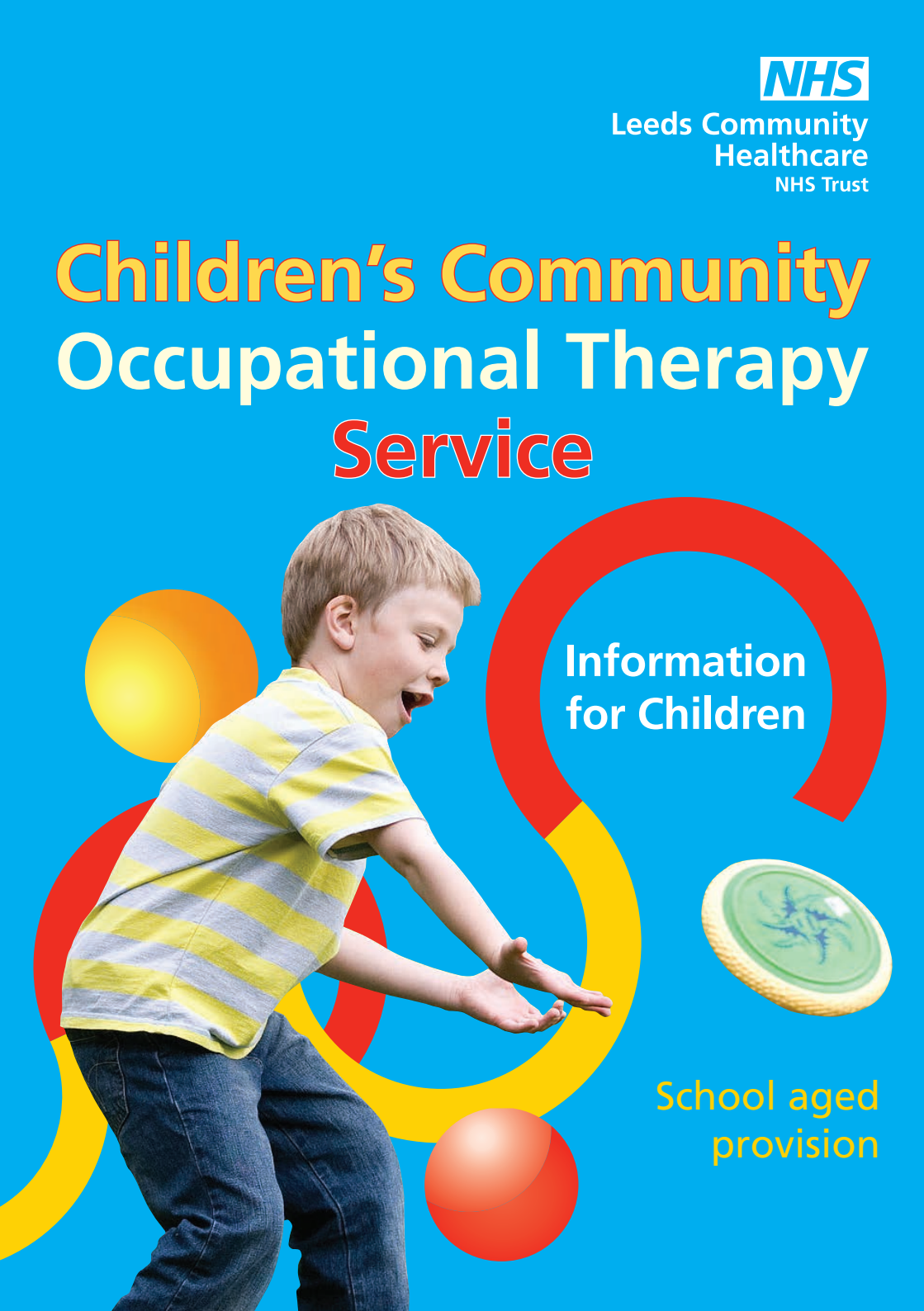




Leeds Community  
Healthcare  
NHS Trust

# Children's Community Occupational Therapy Service



Information  
for Children

School aged  
provision

# This leaflet is for you and your family to read together

## What do we do?

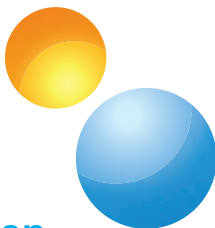
We are called children's occupational therapists.

We help children do activities that they want to do, or need to do, each day at home and school. These might be doing school work, taking care of yourself or playing.

## Where will we see you?

We might see you:

- at a health centre
- at home
- at school



## What will happen when we see you?

We will:

- talk about what is important to you
- ask what you would like some help with
- make a plan together about how we can help you
- decide who else to share the plan with e.g. your family or teacher

You might want to:

- get dressed
- use the toilet
- eat your dinner
- write neatly

- listen to your teacher
- ride a bike or trike
- play ball games
- use a computer
- drive your own wheelchair



**Some things you might do with the occupational therapist are:**

- talk about what you do each day
- show us how you do activities like eating or handwriting
- answer some questions
- use pictures to tell us what is important to you
- ask any questions you have

## How can you help?

- Do the best that you can
- Ask for help if you find something difficult
- **Have fun!**

## What will happen next?

We will all follow the plan we made. This might include:

- trying new ways to do things at home and school
- joining a group with other children
- telling other people how to help you

