



Health and Social Care Professionals How the malnutrition helpline can help you

- Dietetic support for you to care for your patients at risk of malnutrition
- Signposting to training and resources
- Nutrition and hydration advice for pressure ulcers and falls
- Guidance for prescribing oral nutritional supplements
- Help with onward referrals
- Specialist advice for patients living at home and in long term care
- Up to date recommendations on vitamin and mineral supplementation